

# THE FAMILY CONNECTION

FALL 2025



CATHOLIC CHARITIES  
OF DELAWARE, OTSEGO AND SCHOHARIE COUNTIES  
CHILD CARE SERVICES PROGRAM  
176 MAIN STREET, ONEONTA NY 13820

(607) 432-0061 FAX: (607) 431-9303  
CHILDCARE@CHARITIESCCDO.ORG  
WWW.CHARITIESCCDOS.ORG

## BECOME A CHILD CARE PROVIDER

**Child Care Providers make a difference**  
in the lives of children  
in the families they help and  
in the communities where they live

THERE ARE MANY BENEFITS TO BECOMING  
A REGISTERED FAMILY CHILD CARE  
PROVIDER:

- Be home with and care for your own children
- Save on your own child care costs
- The income from a child care business can help support your family
- Be your own boss
- Help families in your community by offering quality child care

## GET STARTED TODAY!

Click on the link to learn more about  
starting a child care business:

<https://ocfs.ny.gov/main/childcare/becomeaprovider.asp>

ONE OF OUR DAY CARE SPECIALISTS  
CAN HELP YOU THROUGH THE WHOLE  
REGISTRATION PROCESS!

Catholic Charities  
of Delaware, Otsego and Schoharie Counties  
Child Care Services Program  
176 Main Street, Oneonta NY 13820  
(607) 432-0061  
[childcare@charitiesccdo.org](mailto:childcare@charitiesccdo.org)



## FALL SENSES SCAVENGER HUNT

### SMELL

- ☐ APPLES
- ☐ PUMPKIN SPICE
- ☐ PINE TREES
- ☐ CINNAMON
- ☐ PUMPKIN PIE
- ☐ BONFIRE

### TASTE

- ☐ APPLES
- ☐ PUMPKIN SPICE
- ☐ APPLE CIDER
- ☐ CINNAMON
- ☐ PUMPKIN PIE
- ☐ HOT CHOCOLATE

### TOUCH

- ☐ TREE BARK
- ☐ DRY LEAVES
- ☐ PINE CONES
- ☐ SOFT SWEATER
- ☐ SMOOTH PUMPKIN
- ☐ BUMPY PUMPKIN

### SEE

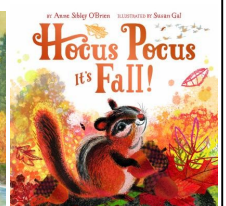
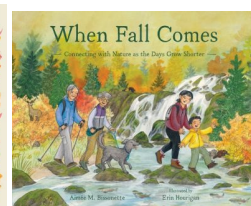
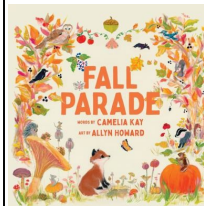
- ☐ SPIDER WEB
- ☐ CLOUDS
- ☐ FALL LEAVES
- ☐ ACORNS
- ☐ PINE CONES
- ☐ SQUIRRELS

### HEAR

- ☐ CRUNCHING LEAVES
- ☐ FIRE CRACKLING
- ☐ WIND BLOWING
- ☐ CRICKETS
- ☐ BIRDS CHIRPING
- ☐ RAIN FALLING



## Autumn Reading



## Child Care Assistance

### Income Guidelines

Effective 6/1/25

### Day Care Income Standards:

<u>Family Size Standard</u>	<u>Annual Income Limit</u>
1	\$59,055.18
2	\$77,226.00
3	\$95,396.83
4	\$113,567.65
5	\$131,738.47
6	\$149,909.30

*For families with more than 7 people, information on  
income limits can be found on the web site: [ocfs.ny.gov](http://ocfs.ny.gov)*

To request an application to apply for this program, contact  
the Otsego County Department of Social Services at  
(607) 547-1700 or (800) 422-2512. Every effort will be  
made to arrange a time convenient for you to apply or you  
can apply by mail.



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[@CatholicCharitiesDOS](https://www.facebook.com/CatholicCharitiesDOS)

# PARENT EDUCATION OPPORTUNITIES

## The Family Service Association

277 Chestnut Street, Oneonta, NY 13820

607-432-2870

[www.fsaoneontany.org](http://www.fsaoneontany.org)

*Parent education workshops offered to all area parents and caregivers. Topics include information about parenting skills and child and adult development.*

## Family Resource Network

46 Oneida St. Oneonta, NY 13820

607-432-0001

[www.familyrn.org](http://www.familyrn.org)

*Serving individuals with disabilities and their families. Visit their website to find upcoming events, training opportunities, newsletter, support groups and additional resources.*

## Cornell University Cooperative Extension of Schoharie and Otsego Counties

Cooperstown Office

123 Lake Street, Cooperstown, NY 13326

(607) 547-2536

[otsego@cornell.edu](mailto:otsego@cornell.edu)

*Nutrition Education programs that assists income eligible families and youth to improve health.*

## Southern Tier Independence Center

135 East Frederick Street Binghamton, NY 13904

607-724-2111

-Early Childhood Direction Center: [ecdc@stic-cil.org](mailto:ecdc@stic-cil.org)

<http://www.stic-cil.org/ecdc.html>

-Parent Technical Assistance Center [ptac@stic-cil.org](mailto:ptac@stic-cil.org)

<http://www.stic-cil.org/ptac.html>

## ZERO TO THREE

*Little Kids, Big Questions podcast series addresses some of the most common issues facing parents of babies and toddlers. Series of 12 podcasts. No charge.*

Visit [www.zerotothree.org](http://www.zerotothree.org)

## PROVIDER HISTORY AND COMPLAINTS

Did you know you can check your child care provider's compliance history online or by phone?

By Phone:

New York State Office of Children and Family Services  
(800) 732-5207 **OR** On-line: [www.ocfs.state.ny.us](http://www.ocfs.state.ny.us)

If you have a concern about a child day care provider or program, and you would like to register a complaint, we encourage you to call:

Child Care Support Services: (607) 432-0061

**OR**

New York State Office of Children and Family Services  
(800) 732-5207

## PINEAPPLE BBQ BAKED BEANS

### Ingredients:

- 2 (15oz) Cans White Beans, Rinsed and Drained
- 15oz Can Pineapple Chunks, Drained (reserve juice, if desired) OR 1/2 Fresh Pineapple, Cubed
- 2 Tablespoons Chopped Bacon
- 18oz Bottle BBQ Sauce
- 2 Tablespoons Brown Sugar
- 2 Tablespoons Worcestershire Sauce
- 1/2 Cup Water OR Reserved Pineapple Juice

### Directions:

1. Add everything to a 4-5 quart slow cooker and stir until well combined.
2. Cook on low for 4 hours. Stir.
3. Serve garnished with chopped green onions, if desired.



## FREE ONLINE CHILD CARE REFERRALS!

Catholic Charities Child Care Support Services  
has child care referrals available online.

You now have the ability to search for child care  
any time of the day or night!

You also have access to our online referral packet which includes  
information to help you make an informed child care decision!

**VISIT OUR WEBSITE!**

[WWW.CHARITIESCCDOS.ORG](http://WWW.CHARITIESCCDOS.ORG)

## TAKE AN ACTIVE ROLE IN CHILD CARE!

Early care and education policy needs your support in order  
to truly give all children a great start in life.

**For more information go to:**

[www.zerotothree.org](http://www.zerotothree.org)

## RECALL INFORMATION

For information on the latest safety recalls please visit  
the OCFS website:

[https://ocfs.ny.gov/main/product\\_recalls.asp](https://ocfs.ny.gov/main/product_recalls.asp)