

THE FAMILY CONNECTION

WINTER 2025



CATHOLIC CHARITIES
OF DELAWARE, OTSEGO AND SCHOHARIE COUNTIES
CHILD CARE SERVICES PROGRAM
176 MAIN STREET, ONEONTA NY 13820

(607) 432-0061 FAX: (607) 431-9303
CHILDCARE@CHARITIESCCDO.ORG
WWW.CHARITIESCCDOS.ORG

FREE ONLINE CHILD CARE REFERRALS!

Catholic Charities Child Care Support Services
has child care referrals available online.
You now have the ability to search for child care
any time of the day or night!

You also have access to our online referral packet which includes
information to help you make an informed child care decision!

VISIT OUR WEBSITE!
WWW.CHARITIESCCDOS.ORG

DID YOU KNOW?

It is required of your child's daycare program to provide daily supervised outdoor play, except during inclement or extreme weather. Make sure you are sending your child with the necessary clothing for this season like hats, gloves, coats, etc. so they are prepared to play!



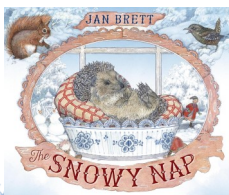
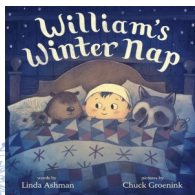
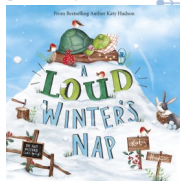
Dolly Parton's Imagination Library is a book gifting program that mails free books to children from birth to age five in participating communities within the United States, United Kingdom, Canada, Australia and Republic of Ireland.

Children living in Delaware and Otsego Counties are eligible to participate in this program!

For more information and to register, visit:

www.ImaginationLibrary.com

WINTER READING



TAKE AN ACTIVE ROLE IN CHILD CARE!

Early care and education policy needs your support in order to truly give all children a great start in life.

For more information go to:

winningbeginningny.org
childcareworks.org/take-action

LET IT SNOW!

Here a couple of ways to make fake snow with inexpensive household ingredients:

1. Flour and Oil. Mix 4 cups of flour and ½ cup of oil until it becomes light and fluffy
2. Baking soda and White Hair Conditioner. Mix 2 ½ cups baking soda and a ½ cup conditioner, mix until combined and cold.
3. Corn Starch and Shaving Cream. Mix equal parts cornstarch and shaving cream until combined.



PARENT EDUCATION OPPORTUNITIES

The Family Service Association

277 Chestnut Street, Oneonta, NY 13820

607-432-2870

www.fsaoneontany.org

Parent education workshops offered to all area parents and caregivers. Topics include information about parenting skills and child and adult development.

Family Resource Network

46 Oneida St. Oneonta, NY 13820

607-432-0001

www.familyrn.org

Serving individuals with disabilities and their families. Visit their website to find upcoming events, training opportunities, newsletter, support groups and additional resources.

Cornell University Cooperative Extension of Schoharie and Otsego Counties

Cooperstown Office

123 Lake Street, Cooperstown, NY 13326

(607) 547-2536

otsego@cornell.edu

Nutrition Education programs that assists income eligible families and youth to improve health.

Southern Tier Independence Center

135 East Frederick Street Binghamton, NY 13904

607-724-2111

-Early Childhood Direction Center: ecdc@stic-cil.org

<http://www.stic-cil.org/ecdc.html>

-Parent Technical Assistance Center ptac@stic-cil.org

<http://www.stic-cil.org/ptac.html>

ZERO TO THREE

Little Kids, Big Questions podcast series addresses some of the most common issues facing parents of babies and toddlers. Series of 12 podcasts. No charge.

Visit www.zerotothree.org

START YOUR OWN BUSINESS!

Become a Family Child Care provider today!

We are seeking registered and licensed providers for traditional and weekend child care.

For more details contact

Catholic Charities at: (607) 432-0061

or see our website: CharitiesCCDOS.org

RECALL INFORMATION

For information on the latest safety recalls please visit

The OCFS website: https://ocfs.ny.gov/main/uct_recalls.asp

Roasted Zesty Chickpeas

Ingredients:

- 1 (15 oz) cans chickpeas, drained and rinsed
- 1 tbsp oil
- 1/2 tbsp lemon pepper seasoning

1. Preheat the oven to 425° F. Line a medium baking sheet with parchment paper.
2. Place the chickpeas on kitchen towels and lightly rub to remove excess moisture. Then remove loose skin.
3. Add the chickpeas to a medium bowl and drizzle the oil on top. Toss the chickpeas until all are coated with oil.
4. Spread out the chickpeas on the pan. You want enough space between them to crisp up!
5. Place in the oven and bake for 30-45 minutes or until golden brown.
6. Remove from oven and transfer roasted chickpeas to a medium bowl where you will add the seasoning. Toss contents in bowl until seasoning covers each chickpea.
7. For children under the age of 4, smash the chickpeas with a fork to reduce the risk of choking.



ONLINE AND PHONE FAMILY SUPPORT GROUPS

Family Resource Network offers online and phone family support groups for families of individuals with special needs. Two groups are offered per week. Registration is required.

For more information, call:
(607) 432-0001

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