

THE FAMILY CONNECTION

WINTER 2026



CATHOLIC CHARITIES
OF DELAWARE, OTSEGO AND SCHOHARIE COUNTIES
CHILD CARE SERVICES PROGRAM
176 MAIN STREET, ONEONTA NY 13820

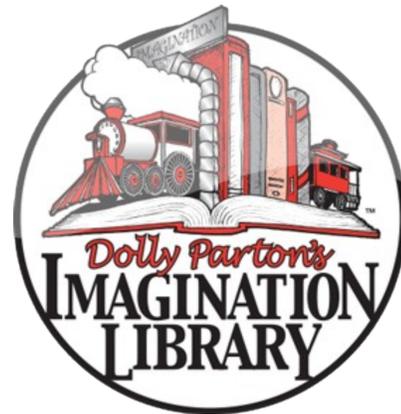
(607) 432-0061 FAX: (607) 431-9303
CHILDCARE@CHARITIESCCDO.ORG
WWW.CHARITIESCCDOS.ORG

FREE ONLINE CHILD CARE REFERRALS!

Catholic Charities Child Care Support Services has child care referrals available online. You now have the ability to search for child care any time of the day or night!

You also have access to our online referral packet which includes information to help you make an informed child care decision!

VISIT OUR WEBSITE!
WWW.CHARITIESCCDOS.ORG



Dolly Parton's Imagination Library is a book gifting program that mails free books to children from birth to age five in participating communities within the United States, United Kingdom, Canada, Australia and Republic of Ireland.

Children living in Delaware and Otsego Counties are eligible to participate in this program!

For more information and to register, visit:

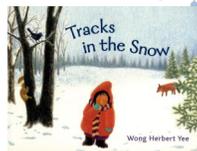
www.ImaginationLibrary.com

DID YOU KNOW?

It is required of your child's daycare program to provide daily supervised outdoor play, except during inclement or extreme weather. Make sure you are sending your child with the necessary clothing for this season like hats, gloves, coats, etc. so they are prepared to play!



WINTER READING



TAKE AN ACTIVE ROLE IN CHILD CARE!

Early care and education policy needs your support in order to truly give all children a great start in life.

For more information go to:

winningbeginningny.org
childcareworks.org/take-action

Winter

SCAVENGER HUNT



Gloves/mittens



Snow shovel



Scarf



Hat



Coat



Boots



Ice



Fuzzy socks



Carrot



Hot chocolate



Snowflake



Sweater



Sled/Tube



Fire/Fireplace



Blanket



Soup

PARENT EDUCATION OPPORTUNITIES

The Family Service Association

277 Chestnut Street, Oneonta, NY 13820
607-432-2870

www.fsaoneontany.org

Parent education workshops offered to all area parents and caregivers. Topics include information about parenting skills and child and adult development.

Family Resource Network

46 Oneida St. Oneonta, NY 13820
607-432-0001

www.familyrn.org

Serving individuals with disabilities and their families. Visit their website to find upcoming events, training opportunities, newsletter, support groups and additional resources.

Cornell University Cooperative Extension of Schoharie and Otsego Counties

Cooperstown Office
123 Lake Street, Cooperstown, NY 13326
(607) 547-2536
otsego@cornell.edu

Nutrition Education programs that assists income eligible families and youth to improve health.

Southern Tier Independence Center

135 East Frederick Street Binghamton, NY 13904
607-724-2111

-Early Childhood Direction Center: ecdc@stic-cil.org
<http://www.stic-cil.org/ecdc.html>

-Parent Technical Assistance Center ptac@stic-cil.org
<http://www.stic-cil.org/ptac.html>

ZERO TO THREE

Little Kids, Big Questions podcast series addresses some of the most common issues facing parents of babies and toddlers. Series of 12 podcasts. No charge.

Visit www.zerotothree.org

START YOUR OWN BUSINESS!

Become a Family Child Care provider today!

We are seeking registered and licensed providers for traditional and weekend child care.

For more details contact

Catholic Charities at: (607) 432-0061

or see our website: CharitiesCCDOS.org

RECALL INFORMATION

For information on the latest safety recalls please visit

The OCFS website: https://ocfs.ny.gov/main/uct_recalls.asp

Mexican Street Corn in a Cup

Ingredients:

- 1 (16 oz) Frozen Corn Kernels
- 1/4 Cup Light Mayonnaise
- 1/4 Cup Plain Greek Yogurt
- 3 oz Crumbled Cotija Cheese or Queso Fresco
- 1/2 Bunch Cilantro, Chopped
- Chili Powder (to taste)
- 1 Lime, sliced into 6 wedges

Directions:

1. In a medium saucepan, boil corn kernels for 2-3 minutes. Or in a microwave safe bowl, heat corn on high heat for 4 minutes, rotating corn every minute. Drain water and keep corn in pan or bowl.
2. Add mayonnaise and yogurt to the corn. Mix until all corn kernels are coated.
3. Scoop 1/2 cup of corn mixture into a 5 oz cup. Add 2 tablespoons of cheese, 1-2 tablespoons of cilantro, a pinch of chili powder or more if desired.
4. Squeeze juice from 1 lime wedge over corn. Repeat 4 more times and serve warm.



ONLINE AND PHONE FAMILY SUPPORT GROUPS

Family Resource Network offers online and phone family support groups for families of individuals with special needs. Two groups are offered per week. Registration is required.

For more information, call:
(607) 432-0001

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